Chastity: a virtue that many people in our society today dismiss without even a single thought. What exactly is chastity, you may ask? Chastity is the virtue by which we love the way God loves us; unconditionally, unselfishly, and entirely in a self-giving way. This amazing gift has been graciously given to us, and Jesus Himself has shown us what it means to love others in this way.

Living out the virtue of chastity to its fullest is something that we, as sinners, find quite difficult. Chastity helps us love according to the state of life we are in. Whether you are a religious, a clergyman, a wife or husband, or even a young girl or boy, chastity helps us love others to the best of our ability. Obviously, for married couples, chastity helps a man or woman love their spouse. A married couple, since they were given a specific vocation to help bring life into the world, should not even briefly consider having an abortion. If they truly live out the virtue of chastity, no couple will ever think about ending the life developing inside the womb.

 For those who are unmarried, chastity means not having a physical relationship outside of marriage. Unfortunately, this happens often in our society today, and perhaps is one of the main reasons why young women decide to have abortions. This is obviously something horrible, as it destroys human life, which has been made in the image and likeness of God Himself. If you love someone unselfishly and unconditionally, a physical relationship outside of marriage should not even be considered, because not only would it be selfish, but could also have terrible consequences.

If we live out the virtue of chastity, not only will we grow holier in our everyday lives, but also we will be much happier. We are happiest when we give ourselves to others. Besides experiencing true joy and growing in holiness, we will also have a healthier mindset, which in turn, will bring us to Heaven, where we were created to be.

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